



Track and Field See page B1



Serving the students and staff of the Plymouth-Canton Educational Park

he Perspective

Tuesday, April 30, 2019

Volume 131 Issue 5

Canton, MI

the-perspective.org

Awareness to Action: Sexual Assault Awareness and Prevention Month

by Cora Wallen Editor-in-Chief April is National Sexual Assault Awareness and Prevention Month (SAAPM), and the theme this year

according to the Rape, Abuse and Incest National Network (RAINN) is "Awareness to Action." They are promoting engaging in action against sexual violence and raising awareness in communities around the country.

There are many forms of sexual violence and harassment that happen everywhere around the world and street harassment is one form of that. Street harassment includes but is not limited to cat-calling, slurs, crude gestures, stalking and various other forms of undesired actions, comments, or gestures.

"Not a lot of laws can be made [to stop street harassment], but we can discourage the behavior and publicly say it is creepy and disgusting. It's a grab for power, to be cool, to be powerful. But as soon as it's publicly shamed, that power is diminished," said Madeline Price, Salem sophomore who conducted a research project on street harassment.

Rape is a form of sexual assault, however sexual assault is not only rape, but various other forms of non consented sexual or explicit behavior. Sexual abuse is this behavior as well, usually inflicted by force or onto people who are unable to consent.

According to RAINN, every 92 seconds, an individual is sexually assaulted. 1 in 6 women and 1 in 33 men experience sexual violence, yet 7 out of 10 sexual assaults go unreported.

These are solely statistics for the general population,

Students Share Their Experiences...*

"It happens to more people than you think and it's not their fault for it happening. It made me stronger knowing I went through that and I'm still living my life how I want, even if there are some things that are different. I learned that I have a voice and I can change what is happening," said Journey, a junior.

"I think everyone experiences something different and everyone is at a different place of healing, and know that it can happen anywhere to anyone, and some people are afraid of revealing that in the first place" said Karin, senior.

"People out there are hurting everyday, it's not something people ask for, it's not a joke— it's reality," said Naya, high school sophomore. "My experience made me feel weak, but I am stronger because I have a voice and I know I am not alone."

"I would want to say to people that it's not their fault no matter what people ask them or tell them. To be aware that it can happen to anyone and it can be your closest friend, they just don't tell you about it. It made me feel alone like I had no one and I thought that it was my fault for the longest time, and I've become stronger to know I can get through anything because of it," said Jocelyn, a senior. "Everything is going to be okay. Just stay strong. Let an adult help you that you trust or let a friend know so they can tell someone for you. They won't hurt you. I promise. Stay strong," said Journey.

"You're not alone, there are more people that experience it than you think. Take your time, the first time you talk about it may not seem like the right time, but you have loved ones and they care about you, and it's best to get that weight off your shoulders," said Karin.

"I would tell other teens that they are not alone and they have a voice. They are beautiful in every way," said Naya.

"I would like to say that it's okay to be open with people you trust because you should never have to go through this alone," said Jocelyn.

*Quotes are excerpts from interviews conducted by Cora Wallen

Help Information: If you or anyone you know has experienced sexual violence or harassment or is in need of help, the RAINN National Sexual Assault Hotline is 1-800-656-4673.

however this is something that also greatly affects teens and children. Every 11 minutes, Child Protective Services (CPS) finds evidence of child sexual abuse. Additionally, females ages 16-19 are 4 times more likely to experience sexual assault, abuse, or rape than any other group.

As a survivor of sexual abuse myself, I understand how it can affect a teen's everyday life.

The Heart of Paris in Flames

by Fiona Hughes and Madeline Justice Editor-in-Chief and Sports Editor

On April 15, in Paris, a fire consumed Notre Dame's famous spyre and roof. At 6:20 p.m. the fire department was alerted by a fire alarm, and by 6:43 p.m. the firefighters had a visual on the fire. It took over 400 firefighters to put out the fire and attempt to save as many historical artifacts as possible.

The fire allegedly started around the base of the spyre. Old buildings such as Notre Dame are constantly under restoration to preserve the original architecture. Scaffolding lined the side of Notre Dame that needed restoring, and the fire is presumed to have started because of a stray spark or smouldering equipment near the spyre. Two thirds of the roof was burned down along with the spyre, although the bell towers were not destroyed.

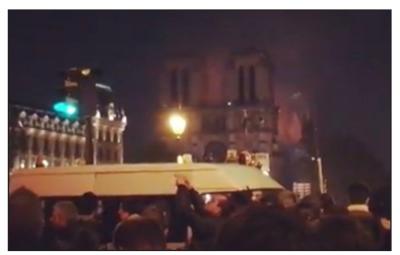
Religious artifacts such as the Crown of Thorns and the Tunic of Saint Louis were saved from the fire. The Crown of Thorns is believed to have been worn by Jesus Christ at his crucifixion and the Tunic of Saint Louis is believed to have belonged to King Louis IX. Many more artifacts were saved along with the Great Organ, the 16 rooftop religious statues and bells from the bell tower. However, the gothic spyre was completely destroyed in the fire and the fate of the famous stained glass windows still remains uncertain. L'Oréal, The Bettencourt Meyers family and the Bettencourt Schueller Foundation pledged that they would donate 200 million euros towards Notre Dame's restoration. According to CNN, the total amount of donations from French businesses and the upper class totals around 601 million euros. Along with donations rolling in from around the world, Our Lady is financially set to be restored eventually with over a billion dollars of donations in total. It is said that it may take five years to complete the restoration of the historic chapel even with the abundance of money being donated.

"The tragedy of losing so much of Notre Dame Cathedral is far deeper than just a building being burnt," said Salem French teacher, Kathy Rokakis. "Having survived revolutions and wars, losing a large portion of it is like ripping a vital organ from the body of Paris, France and the world."

In times of tragedy, people rally together. With donations still being made to the restoration of the cathedral and the people of France showing their sorrow by standing outside Notre Dame and praying, this tragic event shows how bringing people together can help in stressful situations.



Mrs. Birou in front of Notre Dame after the recent fire Photos by Kevin Birou



Notre Dame glows with flames while onlookers sing hymns

Index	Ne	ewsA1-A4	OpinionA5-A6
SportsB1	FeaturesB2-B-4	EntertainmentB5-B6	TravelB7

The Perspective - April 30, 2019

A2

Going to States: Congress Edition

Staff Writer

March 23-25, members from Plymouth, Canton and Salem student Congresses went to Grand Rapids for an event called MASC/MAHS State Conference (States).

News

Gable (Salem senior) and Christian Guinihin (Plymouth senior). Each of them spoke about their roles in Congress and what their favorite parts of the event were.

States is an event where members from student councils, congresses, governments, etc. gather together in one place to learn about leadership and how to become a better leader. During the weekend, students listen to different Keynote speakers come in and talk about leadership, then separate in groups to discuss school



Photo of Plymouth Congress Photo by Christian Guinihin

events. They also get together and have a huge dance party on the last night.

This year, there were several students from Plymouth, Canton and Salem invited including Emily Wolf (Canton senior), Dea Taipi (Canton junior), Sienna

Taipi, an active member on the Student Publicity Committee, helps to plan, volunteer and promote Congress events. She said her favorite part of States would have to be either the speeches from the speakers or the dance party on the last night. "We learn a lot about each other all weekend, and then get to celebrate with each other so it's a really great experience," she said.

Guinihin is a chairman of the Events Com-

mittee and helps to plan events during the school year. He agreed with Taipi and said his favorite part was the dance party on Sunday, but also, "getting to know other students from other schools and making new friends." Overall, all student representatives would say that

Photo of Canton Congress Photo by Emily Wolf

States this year was a success and a good time. From listening to Keynote speakers, teambuilding and dance partying, students said they had a really great time. Wolf is one of many who hopes to continue to "talk and spread the message that [the Keynote speakers] hope to be spreading."

In it for the Long Run

by Cora Wallen Editor-in-Chief In 2011, Jesse Lindlbauer was affected by an infected brain abscess, including with conditions

like meningitis, brain trauma and a number of other difficulties, having to go through lengthy hospitalization and brain surgeries. At the time, Salem senior Tommy Halewicz decided to push and plan for an event, the Super Jess 5K (SJ5K) to show the family support and give financial aid. The event ended with \$45,000 raised for the Lindlbauer family and has raised over \$500,000 in the past eight years. Lindlbauer now designs the logo and Halewicz is head of the SJ5K board.

Every year, the SJ5K has continued with its goal to provide community and financial support to families in the Plymouth-Canton area undergoing medical crises.

"I think it does two things: I think it really starts to bring everyone together and it helps to bring perspective, in the sense of 'that could be me' being as one of the people that are being run for next year," said Nick Mattioli, Canton senior and student leader for sponsorship. year, we wanted to show them continual support from the community and make sure that they always feel like they're supported by us."

For the families this year, there is a different variation of the motto that each family chose. The Savage family is "In it for Community." Maria Savage was diagnosed with renal kidney failure and has lupus. Due to expensive medical treatments, her family is currently in separate living arrangements. The Lombardi family is "In it for Awareness." Lily and Sienna Lombardi, ages three years and six months, have the condition Pseudohypoaldosteronism Type 1 Recessive (PHA). Low sodium levels and high potassium levels as a result of this condition can be fatal. The Little family is "In it for the Laughter." Karen Little is a Plymouth sophomore battling Stage 4 Hodgkin's Lymphoma with Bulk. The Adams family is "In it for Empathy." Kim Adams suffered a cerebral hemorrhage and lost function of one side of her body, and has been recovering strength while suffering from seizures. The Little family is "In it for the Long Fight." Kim Little was diagnosed with Stage 4 Breast Cancer, and is undergoing her chemotherapy. "A lot of the families mentioned how they never expected to be on the recipient end, so obviously things happen, and now they're put in a position where maybe they were part of the race in prior years and now they're on the receiving end. They go through a lot emotionally and as a community we need to be there to support them," said Tassnime Sebaei, Salem senior and student leader of family outreach.



The SJ5K this year will be taking place on May 5 at 8:00 a.m. at the Canton Varsity Football Field and there are five families being sponsored.

"The day of the race is honestly amazing, you look at people and everybody is happy to be there and smiling and stuff. I've met so many new and random people and I was best friends with them by the end of the day. It's amazing to be there on that day," said Sarah Glovatsky, Plymouth junior and communications director.

The motto for this year is "In it for the Long Run."

In explanation of the slogan, Emily Britton, Plymouth senior and student leader for promotions said, "We were thinking back on all the families we've had in the past, and while yes, we only sponsor them for one More information on how to sign up, volunteer, or donate to SJ5K can be found at <u>www.SJ5K.org</u>.

The SJ5K Team ready to work Photos by Casey Swanson



Les Misérables

by Kealani Tapp and Jordyn Audi Business Manager and Social Media Manager



Actors on set Photo by Isabelle Fessler

The Park Players Theatre Company presented the school edition of "Les Misérables" in Salem's Gloria Logan auditorium on March 15, 16, 22 and 23. Paul R. Bird, a codirector of the Park Players Theatre Company, directed and designed the play. The play pieced together the hard work of numerous talented groups including an incredible cast, crew and orchestra.

Dalton Barthold, Canton senior, played the lead role of Jean Valjean. "Working on 'Les Misérables' was really special. It was a wonderful experience," Barthold said.

"Les Misérables" is set in 18th century France. It follows Valjean, a poor man who is forced into slavery for over a decade, after he steals a loaf of bread. Valjean tears up his identification papers in an attempt to leave behind his criminal past. As time moves on, he gains status and eventually becomes mayor. Valjean agrees to raise Cossette, played by Shea Dennie, Salem senior. Cosette is the daughter of Fantine, a young dying woman, played by Lilli Keehn, Plymouth senior. "Les Misérables" tackles the topics of love, war and loss.

Production for "Les Misérables" began Feb. 11. The production staff consisted of around 50 people including stage managers, a vocal assistant, house managers and various crew heads. Garrett Ratliff, Salem sophomore and carpentry crew head, enjoyed working on the production staff. He said, "It was a lot of fun getting to be a part of building the set... and it was fantastic working with all the other actors and crew to put together an amazing show."

The Perspective - April 30, 2019

A3

News

The 2020 Presidential Race: A Clear **Vision for America?**

by Cameron Lindsay, Owen Miller and Zach Antonelli Editor-in-Chief and Staff Writers

The 'invisible primaries' are coming to an end and the candidates for the 2020 presidency have all announced their candidacy. As of March 27 there are 15 Democratic candidates and two Republicans. As students become adults in the eyes of the state, they are allowed to have a say in how the government operates. Understanding who will be on the ballot is a major part of the democratic process.

The Democratic candidates all have similar platforms with opinions on things like Medicare, criminal justice reform, climate change, minimum wage, opioid crisis awareness and reform. However, each one of them differ in their political backgrounds.

Cory Booker and Kamala Harris were both the first African American political representatives in their surrounding region. Brooker was the first African American Senator in New Jersey. Harris was the first African American and female attorney general for California and was the second for the senate.

There are some candidates, however, that have little to no political background such as Andrew Yang, an entrepreneur who founded Venture for America. In addition, Oprah Winfrey's spiritual advisor, Marianne Williamson is running for president.

Andrew Yang is not the only Democrat running that has a background in business, John Delaney is both an entrepreneur and congressman, leading two companies in New York by the time he was 40 years old. He became a U.S. representative in 2013 for Maryland. John Hickenlooper served as Colorado's governor from 2011 to 2019, but he started out his career in business, co-founding a brewing company in Denver.

There still are many Democratic candidates who have political backgrounds coming from positions in congress and the mayor's office. Beto O'Rourke, a Democrat from Texas has gathered a lot of interest. O'Rourke was born in El Paso and went on to serve on the city council and was then elected to the House of Representatives in 2012. Bernie Sanders returns from the 2016 presidential election, continuing to push for free college and Medicare for all. His 2020 campaign raised \$6 million within the first 24 hours of it being announced, beating out Kamala Harris's \$1.5 million for the highest amount raised on day one. Sanders also supports increasing the federal minimum wage to \$15 an hour, along with many other Democratic candidates: Tulsi Gabbard, Kirsten Gillibrand, Kamala Harris, Julian Castro and Elizabeth Warren.

Pete Buttigieg is an openly gay candidate, who has years of experience as a mayor, and as a soldier of the U.S. Navy. Jay Inslee, governor of Washington, was the first governor to announce running

for the Democratic nominees. His main focus for his campaign is climate change and environmental issues. Amy Klobuchar is another candidate that has talked about reinstating climate regulations that were eliminated by the Trump administration.

As for the Republican candidates, there are two confirmed opponents to the 15 Democratic candidates. Our two options on the right are the current sitting president, Donald Trump, and former Massachusetts governor, Bill Weld. Weld has been very vocal with his distaste for the president with claims that, 'Trump is single handedly killing the Republican party'. Trump has continued to run his campaign with personal attacks on his political opponents such as Beto O'Rourke. The president's political advisors warned him about using the same tactics he used in the last election, but that waits to be seen.

With 17 presidential candidates running for the 2020 presidency, the upcoming election will challenge many American voters with a decision. P-CEP students who have registered to vote will also face that choice.

Worldwide **Impact: Earth** Day

by Emma Bali **News Editor**

April 22 was Earth Day, a day held to demonstrate and promote environmental awareness. In addition, this worldwide event calls for the protection of our planet. First celebrated in 1970, Earth Day now includes events in more than 193 countries each year, which are currently being coordinated globally by the Earth Day Network. This network is the world's largest environmental movement that works year round to solve climate change, end plastic pollution, protect endangered species and broaden, educate and activate the environmental movement across the globe. Since the first Earth Day in 1970, the day has become an international focus for action. The Earth Day Network estimates that as many as 1 billion people around the world celebrate Earth Day in some way. On April 22, 1970, in coast-tocoast rallies, 20 million Americans filled streets, parks and auditoriums to establish for a healthy, sustainable environment. Much like 1970, Earth Day in 2010 came at a time of great challenge for the environmental community. A divided environmental community, for example, climate change deniers and a disinterested public, all contributed to the narrative- cynicism versus activism. Despite these challenges, Earth Day succeeded and Earth Day Network established Earth Day as a powerful focal point. Over time Earth Day has reached its current status as the largest secular observance in the world, celebrated by billions every year. This day of action changes human behavior and provokes policy changes.

In addition, there is also a worldwide

New Zealand Christchurch Shooting

by Diya Banerjee **Features Editor**

church, New Zealand were involved in two terrorist attacks. Beginning at the Al Noor Mosque, the shooter then struck the Linwood Islamic Centre, all while streaming on Facebook live. According to a police statement, 50 people were killed, and 50 people were injured. The victims, of all ages, were joining together for Friday prayer when the tragedy struck. The shooter was 28-year-old Australian man, Brenton Harrison Trant. CNN reports that authorities had found an 87-page manifesto of anti-Muslim and anti-immigrant beliefs. He is now charged with 50 counts of murder. This attack, described as New Zealand's biggest shooting in modern history, was fueled by hatred. Despite the mourning of the Muslim community and the world, people have joined together to support each other, the victim's families, and their faith. Instead of remembering and emphasizing the shooter and his story, the world has been focusing on the victims of the shooter as well as their stories. CNN released information on each of the lives taken by the attacks, to remember everyone individually. Twitter has also been a popular platform for bringing attention to the event, also remembering the victims. In the Plymouth-Canton Community, students, Muslim and non-Muslim alike, have shared their thoughts and prayers on Instagram. While the shooting may have happened miles away, students a part of our community connect and feel very deeply about the shooting. Canton senior, Farwa Akbari, touched on this saying, "I definitely saw a lot of my community, not even just here in Michigan, but a larger Muslim Community come together as a

On March 15, two Mosques in Christ- community of just people who sympathized with the tragedy." She has been apart of vigils and special prayers at her own mosque. While heartbroken for the victims and their families, Akbari commended the action taken after the shooting, "I was super impressed by the New Zealand prime minister's response to this to this tragedy and how genuine her pain and compassion was by visiting these families and victims in this mosque and creating immediate change about the weapons used in this event." New Zealand Prime Minister Jacinda Ardern has stated that gun laws will change. Salem senior, Tassnime Sebaei, also saw her community come together. She explains, "I've definitely seen it bring my community closer together... people I hadn't seen stand up for the religion before finally used their voice and spoke up in remembrance of the victims. Additionally, Muslims that hadn't been at the mosque in a long time came and mourned the victims in prayer." Sebaei also felt this tragedy hit close to home, and describes what hit her the hardest from the shooting, "I think the thing that really affected me was that the first man to greet the shooter greeted him by saying, "Salam", which means peace be upon you. It goes to show that our entire religion is based off of genuine love and care for others." While heartbroken in the midst of crisis, the Muslim community has come together in remembrance of the victims and risen above the hate.

'impact beyond the hour.' This event is known as Earth Hour, the world's largest grassroots movement for the environment. This event has the intention of uniting millions of people around the world to show their commitment to the planet.

As Earth Hour rolled around the globe on March 30, thousands of landmarks switched off their lights at 8:30 p.m. local time in solidarity for our planet. Hundreds of the world's iconic landmarks, from the Eiffel Tower to the Empire State building and the Sydney Opera House, took part in this call for global action on climate change.

This year, Earth Day Network is putting the spotlight on plastic pollution. The Network has created a tool kit that aids you in calculating your plastic use and create a plan to cut down on consumption. You can start with easy steps, such as ditching your straw.

Earth Day Network organizes treeplanting groups in urban areas and schools. In addition, the organization One Tree Planted organizes meetups for people to plant trees together, although if you don't see your region represented, you can easily sign up to stage your own event.

Online platforms such as Facebook can help you find Earth Day events in your own city. Many cities hold gatherings such as festivals, marches, talks and even concerts to help stoke the Earth Day enthusiasm.

There are many ways to care for the planet that we can call home, but it's up to you to be a part of making the world a better place!

The Perspective - April 30, 2019

Lunar Library

News

by Amanda Mancuso Staff Writer

On Feb. 22, a small spacecraft built in Israel was launched to the moon carrying a 30- million page library.

The Lunar Library was set up by the Arch Mission Foundation the library was, "Designed to preserve the records of our civilization for up to billions of years" (Arch Mission Foundation).

The library includes, "A collection of songs, children's drawings and writings about Israeli culture and history..." and the "entire English-

language version of wikipedia" (NBC News).

It also includes thousands of books including textbooks and thousands of guides to different languages with translations. The job of the library is to preserve all history such as religion, traditions, and languages.

The 30-million page library is packed in one metal disc that is the size of a DVD. It is the very first of its kind, created to preserve human existence if something drastic were to happen such as an asteroid wiping out civilization.

Black Hole

by Owen Miller **Staff Writer**

is a region of spacetime exhibiting such strong gravitational effects that nothing, not even particles or light, can escape from. On April 10, scientists were able to capture the first-ever image of a black hole, something that was previously thought

A black hole

impossible. The challenge was how to capture an image of the hot, glowing gas falling into a black hole.

Over ten years, a team created a network of telescopes known as the Event Horizon Telescope, or the EHT. The EHT needed two stations, one at the South Pole and one in Spain, to gather as much light as possible to see something so far away. The M87 black hole was the team's target, it is one of the

largest known supermassive black holes, 6.5 billion times more massive than the sun.

Learning about M87 and other mysterious structures in our universe, provides insight into physics and allows scientists to test observation methods and theories. One theory that is going to be tested is Einstein's theory of relativity. This theory states that massive objects deform spacetime in their vicinity. It has been accurately proven for smaller-mass objects such as the Earth and the Sun, but it has not yet been directly proven for black holes and other regions containing dense matter. If this theory is shown to be correct around the supermassive black hole, time moves very slow around an object with such a large mass.

Cleaning P-CEP's Creek

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by Fiona Hughes Editor-in-Chief

On Saturday, April 13, P-CEP's Eco Club gathered with Plymouth-Canton students, teachers and com-

munity members in P-CEP's bus loop. Volunteers were

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geared up with rainboots, gloves and a few trash bags. Their goal was clear: clean up as much trash in the creek as you could in two hours. The creek that runs through the campus is a part of the Rouge River watershed, which has a history of extreme pollution in the 1900's.

After many years of environmental groups monitoring the watershed, it is now back to a relatively healthy state, and the students in Eco Club want to keep it that way.

Audrey West, Canton senior said, "I loved working with my friends to make the creek and campus a cleaner environment. It helped me see the difference people can make when we come together in a bigger group."

Donna Gatzke, Eco Club supervisor and Joan Pence, Salem science teacher attended the cleanup. Pence also encouraged her students to lend a helping hand. Eco Club representative, Plymouth senior Molly Engelman, said, "A lot of students showed up to help thanks to Ms. Pence."



Plastic bag in the Rouge River cleanup area Photo by Fiona Hughes

Beyond The Box: Google Announces New Gaming Service

Maddie Justice

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by Logan Swarthout **Staff Writer**

On March 19, Google announced its newest project at the 2019 Game Developers Conference in San Francisco, California, under the name of Stadia and the tagline: "The future of gaming is not a box". Instead of making a console, Google is releasing Stadia in a way similar to the Google play store. Google announced that not only would it be able to stream games at speeds on par with consoles but also displaying graphics at 4k in high-dynamic-range imaging (HDR), a technique that allows a screen to display images with

dynamic lighting and colors at 60 frames per second; a measurement of the amount of images displayed consecutively in a second, both requiring a high speed internet connection. After a brief trailer for "Assassin's Creed Odyssey," a button prompt appeared. When pressed, it took the user directly into the actual game, following up with by showing the game being transferred to several different Google devices. The Stadia is also set to have Youtube integrated in the system. Demonstrating this integration, Google showed viewers and

streamers interacting and playing video games with each other in real time, and a feature that allows viewers to play through video game scenarios uploaded by creators.

Along with the service, Google unveiled a controller that pairs with it, featuring a screen capture button and a button that calls up Google's AI assistant. As of April 22, the Stadia has no set price or release date, but is expected to launch this year.

Insulin Prices Rising in the U.S.

by Amanda Mancuso Staff Writer

Over the past century, insulin prices have increased putting diabetic patients at risk.

In the United States, the rise of insulin prices is costing lives. Some patients are unable to take their required amount of insulin due to prices, which causes health risks. Others are unable to afford insulin altogether. With the rising cost of the crucial drug, people have begun to take desperate measures. Stated by CBS News, families have gone as far as shopping for insulin in the black market.

According to NBC News, U.S. insulin prices have doubled from 2012 to 2016. Since insulin

is a biological compound, producing it is costly. Government regulations, the manufacturing of the drug and the push to create profit in the pharmaceutical industry are also reasons why the drug is increasing in cost, U.S. News explains. Unfortunately, America's insulin epidemic is not expected to improve anytime soon.

Yes

Opinion

Anything You Say Can and Will Be Used Against You Should lyrics be used as evidence in court proceedings?

by Cameron Lindsay Editor-in-Chief

A5

"Murder on My Mind," a song written by YNW Melly, a rapper who was convicted of murdering a police officer and two of his "friends." The song graphically details the death of two people and coincidentally coincides with his 'friends' death. In court, the debate is whether or not the lyrics should be used as concrete evidence against him for his trial. We have all heard the saying, "what you say or do can and will be used against you in the court of law," as this saying is a part of the Miranda Rights established from Miranda v. Arizona (1966). Do these principles apply beyond getting arrested but rather to general public speech? I believe yes, they should.

As many may know there is protected and unprotected speech under the First Amendment. A type of unprotected speech, decided by the supreme court through Schenck v. US (1919), is the "Clear and Present Danger Clause." Now, this case was directed at political speech being dangerous, however, I'd argue that a manifesto is a lot less dangerous than a musical platform that could be played

anywhere and everywhere. The use of graphic details of murder in a song titled, "Murder on My Mind" is alarming and shows a clear and present danger to others. If a confession on a public platform is not evidence in court then what is? His speech was not and will not be protected, and it parallelled the evidence and yet it wasn't meant to be used in court? A confession in any form can and should be used against you in court if you implied murder.

The thing is, this is not just in the case of Melly. Rappers like Tay K 47 and Bobby Shmurda rapped about murder and were later put in custody. All of these rappers use their lyrics to promote their murders and yet in the judicial system these lyrics are considered not concrete evidence when they are publicly saying what they had done. The irony in that is beyond absurd that you say you committed murder but your words cannot be used in court. The lyrics in themselves break the standard of speech and allude to one of the most heinous crimes: murder.

by Zach Antonelli Staff Writer

If you haven't noticed lately, there is an alarming amount of artists being arrested for heinous crimes. One thing that has become common in these cases is the use of an artist's lyrics against them in court. While in some cases this makes sense if it is about that specific event, it doesn't make sense when the lyrics don't exactly match the crime. A recent example of this practice is the way in that the YNW Melly double homicide case is being treated. They are using lyrics from the single, "Murder on My Mind" written and released in 2017 as the catalyst to comb through all his music and social media activity to hit him with more than he was originally charged with. He stands among the lineup of other young rappers facing the death penalty.

I personally believe that one's music, and the lyrics in it, should not be taken as serious confessions as music is an art form full of metaphors, storytelling, exaggeration, image and many other factors that make the lyrics not valid evidence. Johnny Cash once

sang, "I killed a man in Reno, just to watch him die," just to cement the character he is singing as in Folsom Prison Blues. Cash was in and out of court many times, never having his often dark lyrics used against him. Lyrics are just like any other literary medium such as poetry, storytelling and often character creation is a part of the lyrical content.

No

While I do believe that if the person is being tried with other evidence, then adding in a song about the event is suitable, but under no circumstance should a case be built off of the lyrics of a song.

Are Final Exams Necessary?

by Amanda Mancuso Staff Writer

The majority of students are aware of the pain and stress that big, important school

exams bring. Midterms typically occur after the first semester of the school year, and finals follow after the second semester. Tests like these include all of the material that has been taught in the previous semester. Usually, students have previously been tested on the information that is also on the exam, which are] just giant memorization test[s] that I cram for last

means that students are tested on the same information twice. But is it really necessary for students to be tested on the same information twice?

Personally, I think that final exams are not necessary; if students are tested on information once, why do they need to be tested a second time?

Nina Pacheco, Canton junior believes that "[Final exams

minute."

The point of final exams is to see what the student has retained from the semester. Unfortunately, the reality of it is that the students forget what they've learned. I typically end up reteaching myself information I have already been tested on, which results in loads of stress. If you have to reteach yourself a semester worth of work a week before your exam, the whole point of the midterm and final exams are pointless.

Recess: Why Don't We Have It?

by Diya Banerjee **Features Editor**

Running as fast as your feather.

Why don't high school students have recess anymore? Is it because of school's schools could make time for recess, but only if they thought of it as a necessity. According to the National Institute of

physical activity that gets you off the couch and moving can help improve your mood." What better way to combat teenage anxiety and depression than to add recess to teens' schedules? With scheduled time in the day to get outside and be active, schools would be doing students a huge favor. Whether you're struggling with these issues or not, I'm sure that most of you agree that a simple 30 minutes to go outside would be a great addition to the school day. Along with a play structure and swings, of course.

legs can carry you. Scraping

your knee while playing tag. Climbing to the highest point of the jungle gym. No matter what elementary school you came from, you had recess. As children, we loved to jump around and play outside. For me, that love hasn't left; in fact, I have felt deprived of it. Going out for recess was the purest moment of joy in my childhood. The swings were my favorite, closing my eyes and feeling the air whoosh below me, I would feel as light as a

workload, or simply because we're "too old" for it? Although we are older now, that doesn't mean we wouldn't enjoy getting some fresh air and movement in our day. Many high schoolers I spoke to were enthusiastic about having recess.

Salem senior Aaron Samra said, "Recess is a key influence within elementary school students to allow for less stress and encourage them to use their creativity more; don't high schoolers need that too?" I am sure that high

Mental Health, a survey found that 31.9% of 13 to 18 year olds had some type of anxiety disorder. According to the University of Michigan, as many as 8 out of 100 teens have serious depression. Mental health issues are unfortunately becoming more and more prevalent recently. Mayo Clinic explained that exercise can help combat anxiety and depression by 'releasing feel good endorphins' and 'taking your mind off worries'. The article defined exercise as, "Any

Fashion

by Olivia Blackburn

Going to Coachella is probably one of my biggest dreams for the future. Maybe it might be your dream, too. Going to a huge three day music festival with your favorite artists playing and going shopping to pick out the cutest outfit that you know nobody will have sounds like fun. You can even make your own stuff. The Coachella outfits I see on my favorite celebrities and Youtubers always make me want to go more. I'm going to go in depth on some of my favorite and not so favorite outfits I've seen on social media from Coachella this year.

Let's talk about Hailey Bieber's celebration of her Levi's partnership by wearing a pair of Levi's classic denim jeans with a black lace bustier and a pair of red high top Vans. Mrs. Bieber took a more casual look to Coachella, so it falls under one of the more comfortable trends. Billie Eilish was seen zooming around Coachella on a scooter, with her lime green oversized t-shirt, shield sunglasses, a Louis Vuitton logo printed vest and best of all for

the 90 degree weather, she wore blue fur pants. I can't lie when I say Eilish has major style; I could never pull off the big shirt on big pants style like her. Kendall Jenner absolutely blew me away once I saw her outfit that reminded me of the 70's. Jenner paired her light blue, off the shoulder mini dress with lime green printed elbow gloves, with a pair of lime green booties and a box bag. I seriously love this outfit and will take inspiration from it in the future. Lastly is the queen of Coachella: Vanessa Hudgens. She was wearing a bohemian maxi dress, The Frye Company boots, a Gucci backpack and of course all of the cute jewelry to go with it.

Now let's talk about the not so hot Coachella outfits. I think we all know who's coming first... Yes, James Charles and his very showy outfits from the three day event. The image of his butt in multiple pictures have been circling around social media and I feel like a sister went a little too far all three days, but I mean you do you. Sister snapped at Coachella. Jake and Logan Paul did not make the cut for good outfits either. One was wearing a tye-dye button up shirt and matching joggers, while the other brother was wearing a Nike headband, a tan button down shirt with black and white patterned pants. I'm sorry, but those looks just aren't working for me. Jessie Paege did not wow me at all. She wore a Harry Potter inspired outfit; short red skirt, short red top, the yellow tie and a wand in hand. This just isn't a Coachella outfit, more like a Halloween costume.

All outfits at Coachella this year were different in their own ways, but some people pulled off outfits while some did not pick the right choices for outfits. Some outfits have inspired me to start picking out outfits for summer, which is right around the corner, while some outfits kind of lead me away from certain styles. Many people have had their own opinions on the outfits this year, but these were in my opinion some of the worst and best I've seen on social media.

Opinion

Just Ask The Students

by Lauren Martin Staff Writer

A6

Teachers have the power to make a students' time in their class an enjoyable experience,

but they also can make a student hate the subject that they teach. One way the school ensures every student has the best learning possible is through teacher evaluations. During these evaluations, teachers are graded on their effectiveness in teaching and performance in the classroom.

The issue with these evaluations is that the person evaluating only sees how the teacher runs the classroom when they are in there. Students are the only people who see how well educators truly teach and are the ones getting the education. Therefore, students should have some way to speak up if they do not believe they are getting the quality of education they deserve. "EdSource" states in the article Give Parents and Students a Voice in Teacher Evaluations, "Alaska has required input from students and parents since 1996, with many other states following suit. Georgia piloted the use of student surveys during the 2011-12 school year."

Other states are beginning to implement students having a say, and Michigan should be next.

Teachers have the ability to shape students into wonderful people and make their school experience amazing, every student deserves the type of teacher who can accomplish this. Students are able to praise good teachers and give them the recognition they deserve, so why not allow them to call others out for doing the minimum.

The easiest way to accomplish this is to let students tell administration when teachers aren't reaching the bar. There are plenty of amazing teachers at P-CEP, however there are also a few that could use additional training to provide a better experience for their students. At the end of each semester, students should receive an email with a survey regarding their teachers. This survey would provide the school with an overall idea on how well students believe teachers are performing.

If students have a say in teachers evaluations, it would point out the teachers who need additional training, which would improve P-CEP. Implementing this would allow students to feel like their opinions matter just as much as their education.

More Than One Path

by Lilli Keehn Staff Writer

Senior year seems like a breeze until you

get to the second semester and realize that you may not have a solid plan of what to do next year. Many students begin worrying early on about what college they're going to attend and even what colleges they're getting accepted into. There are also a lot of students who feel that college just isn't for them, but that they need to go because it's what's expected of them, that there's no other option. Well, that is not the case. There are plenty of other options besides college after graduation.

One of the newer, more common options is taking a gap year. A gap year is where students take a year off from school between their senior year and what would normally be their freshman year of college. During this year, people usually take their time to make a financial plan for school the next year and they also use it to travel. Taking a year off for yourself can be beneficial. It creates a sense of responsibility and also can be relaxing. Some students get so stressed out during high school and the thought of jumping straight into more school after they graduate terrifies them, so a one year break can be nice.

Another alternative to college is trade school. Trade school is a school that's designed to give students skills for one specific occupation. These schools can last anywhere from eight months to two years. There are trade schools for various specialties, including: cosmetology, culinary, massage therapy, automotive, mechanics and much more. Trade school is a smart and efficient option to consider if what you want to go into doesn't require attendance at a University or college. It can save you money and time so that you can get a job and start working sooner.

Going into the military after high school is yet another option other than college. That's not to say that it's meant for everybody though. It takes a strong person, physically and mentally, to go into the air force, army, navy, or anything else along those lines. This is a very noble and respected decision to make but also not one to make just because someone doesn't want to go to school. You should make this choice because it's something you personally want to do, not because you feel obligated to do it.

A final, but not the final, alternative

to college is just going straight into the workforce after high school. There are plenty of jobs that you can be eligible for without getting a degree and there are even some out there that can have you bringing home pretty decent paychecks as well. Falling under this category is also becoming an entrepreneur, or creating and running your own business.

There are plenty of different paths to go down if you feel that college isn't the right one for you. One thing that I will say is this: be careful when choosing what road to take and make sure you find the right one for yourself. You are the only person who can decide what is best for you!

Resold Supreme Items are Overpriced

by Jaden Anochiam Staff Writer

Supreme has been around since 1994, and more and more people have came to love the

brand along the way. Although I can't deny the success of the brand, I don't believe that the products are worth the prices they're being sold for. I own a couple of designer belts like Fendi and Hermes, so I'm not crashing down on all designer brands. My main problem is Supreme and its prices and products. I've talked to many people who believe that Supreme is considered to be not only a designer brand, but on the level of other famous designer brands such as Gucci, Louis Vuitton, Chanel and others. Supreme resell prices are ridiculous. I personally am not paying \$120 for a ladybug tee (yes, that's real).

Another thing that I don't like about Supreme is it also sells souvenir type products like water bottles, lighters and pocket knives that are all selling for more that \$150. I'm just not the type of person willing to purchase pointless objects worth hundreds of dollars. The products that they make are pointless, and I believe that that adds to it not being designer enough. Let me know if Gucci releases a line of band aids worth \$50.

I can't hate on the money that the Supreme brand is bringing in, but also, this brand of "designer" clothing just isn't for me.

Throw Your Trash Away

by Fiona Hughes Editor-in-Chief

If you go out to see a movie and buy a large

popcorn, do the world a favor and throw the empty popcorn bucket in the garbage. If for some reason you decide to leave your mess behind because it's "somebody else's job" to clean it up, you're the worst kind of person.

Yes, people are employed to make sure their place of work is clean and tidy, but you don't have to make their job harder than it already is. It's gross enough changing the trash when there's a hole in the bottom of the bag and some stranger's diet Coke spills on your shoes. Don't make the workers squelch up the theater stairs to clean up your easily disposable popcorn bucket, too. I began to see this "not my responsibility" epidemic when I started working at a movie theater. Moviegoers would leave half chewed candy, soupy popcorn mixed with Sprite and mysterious crumbs after they left. I was less than delighted to clean this up, as you might imagine.

The theater provides guests with trash cans, but for some reason only half the moviegoers seem to care that they exist. Knocked over popcorn and spilled drinks were frustrating to clean up, but worst of all were the mystery napkins shoved in the cupholders. Whenever I reached my hand in, it was like a little surprise. Would it be a clean, unused napkin? Would there be a chewed up piece of gum sticking to my hand afterwards? Maybe a napkin that was used as a tissue? I've had all three in my time working at the theater, but if the customers would just take the moment to scoop their own trash out and tuck it into a trash can, I wouldn't have to wince as I felt a wet napkin lovingly caress my hand.

Although my experience ends with the movie theater, this trash party happens everywhere. Gum smashed under desks at school, public bathrooms decorated like a high school party gone wrong with toilet paper sprawled across three stalls and mysterious mixes of food and drinks on restaurant plates. How hard is it to travel a few more feet to a trash can? Are we really that lazy? The answer is yes, we are that lazy. Next time you're holding your gum in the palm of your hand ready to stick it to the bottom of the restaurant table, consider the garbage can in the bathroom 30 feet away. Think about the little girl that will sit in the same spot you're sitting, and she'll accidentally brush against your moist, chewed up gum and start crying. Let's avoid another breakdown in the restaurant. Put your trash in the can, where it belongs.

Newest Producer

by Olivia Blackburn Staff Writer

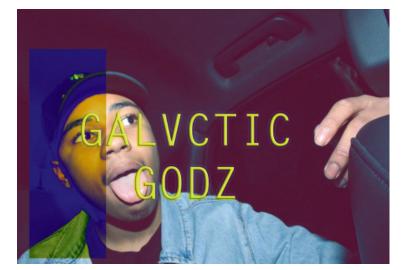
Music videos have been around for many years. They inspire many new

artists and the audience that watches these well-edited, and choreographed videos. Current sophomore at Salem Drew Kielbaso has just produced his first music video "Galvctic Godz," with DaShaun Bates, freshman at John Glenn High School, also known as Kiddneutron. Watching the video I loved all of the special effects Kielbaso made in the background. Bates raps really flowed with the beat of the song and Kielbaso's transitions and edits match the beats of the song. Kielbaso explained what made him want to start producing videos, "Just loving music and wanting to be able to do something with it besides make the music itself."

Music videos and producers can inspire a lot of people. For me, when I watch music videos I get fashion ideas or it may even inspire me to go outside and do something fun. Music can be influential to the audience and the composer themself. Bates explains how music has impacted his life, "It has been keeping me out of trouble. It's something I can do when I'm bored, angry, sad or just when I want to. I love making music and I love everyone that supports me." Music is a way to express the way you feel. Not all songs are about love, not all songs are about hate, there are plenty of different emotions poured out in the song and in videos. Songwriters can really connect with their audience with the lyrics they use and the imagery in the videos produced. In rap videos, the lyrics are mostly freestyle and others take their time on the lyrics of the songs. Bates explained he wrote the song in 30 minutes, which is pretty crazy to hear. I know that lyrics and beats are hard for some musicians, so I give him major respect for his lyrics.

Making a music video may seem pretty hard, but Kielbaso makes it look so simple. I asked Kielbasp what his main influence in producing and editing was, "People like Cole Bennett and Lone Wolf inspire me to be creative, but I try to not get too influenced because then my videos will just end up looking like another person's work and not mine." I agree with that statement because usually when you are influenced by someone you want to be like them, but Kielbaso uses his influencers like a backbone to his creative music videos. The whole music video, "Galvctic Godz," is put together amazingly, every transition and edit is made to be perfect, what I like most about the video is the variety of differences in each transition with the lyrics and the different settings Bates was seen in.

I have major respect towards Bates and Kielbaso because of how hard they both worked to create something so amazing for everyone to see. I can't wait to see what both of them do.



Bates on the set of the music video shoot photo by Drew Kielbaso

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